

Pat Harrison

1989 Inductee - Builder/Sportsperson Category



Ms. Harrison has achieved distinction in every aspect of her involvement in the sport of softball as not only a world class player but additionally as a successful and motivated coach. She has continued to distinguish herself long beyond her days of active competition in her professional life as a career counsellor; a motivational speaker and a published author. She has gained world wide recognition within the softball fraternity and is an inducted member of the Softball B.C. and Softball Canada and American Softball Association Halls of Fame. Few amateur athletes in this or any other sport have given back to their sports the dedication and energy that she has. Her efforts have been so significant that she is one of the few sportspersons recognized not only as an athlete but additionally as a builder.



Many athletes disappear from sport at the conclusion of their active playing careers; unlike Ms. Harrison. Her involvement not only continued, but indeed seemed to intensify. She aggressively pursued coaching skills and excellence through ongoing education in the NCCP coaching certification program and was an integral part of the development of the program overall, serving as a committee member that developed the Level 1 and 2 technical manuals, preparing the original manuscript for Level 3 and initiating the first Master Instructor's course.

That drive continues today in her involvement as a career counsellor and as a motivational speaker. Her focus is on the spirit and the heart of the athlete and its effect on performance. A published author, Ms. Harrison has completed "Competing From the Heart" in book form, and "Honoring The Athlete Within" on audio tape.